

COLUMBIA-SUICIDE SEVERITY RATING SCALE

Screen with Triage Points for Schools

ANY STUDENT WITH A YES ON THIS FORM SHOULD BE REFERRED TO COUNSELING	Past month	
Ask questions that are in bold and underlined.	YES	NO
Ask Questions 1 and 2		
1) <u>Have you wished you were dead or wished you could go to sleep and not wake up?</u>		
2) <u>Have you actually had any thoughts of killing yourself?</u>		
If YES to 2, ask questions 3, 4, 5, and 6. If NO to 2, go directly to question 6.		
3) <u>Have you been thinking about how you might do this?</u> e.g. "I thought about taking an overdose but I never made a specific plan as to when where or how I would actually do it....and I would never go through with it."		
4) <u>Have you had these thoughts and had some intention of acting on them?</u> as opposed to "I have the thoughts but I definitely will not do anything about them."		
5) <u>Have you started to work out or worked out the details of how to kill yourself? Did you intend to carry out this plan?</u>		
6) <u>Have you ever done anything, started to do anything, or prepared to do anything to end your life?</u> Examples: Took pills, tried to shoot yourself, cut yourself, or hang yourself, took out pills but didn't swallow any, held a gun but changed your mind or it was grabbed from your hand, went to the roof but didn't jump, collected pills, obtained a gun, gave away valuables, wrote a will or suicide note, etc.		Lifetime
If YES, ask: <u>Was this within the past 3 months?</u>		Past 3 Months

Key – Yellow = Low Risk Orange = Moderate Risk Red = High Risk

Response Protocol to C-SSRS Screening

- Item 1 Behavioral Health Referral – Submit Counseling referral at <https://www.occc.edu/support/counseling/>
- Item 2 Behavioral Health Referral – Call SAS office at 405-682-7520 and submit counseling referral form.
- Item 3 Behavioral Health Referral – Call SAS office at 405-682-7520 and let staff know there is a moderate risk on this.
- Item 4 Student Safety Precautions – Call campus police at 405-682-7872.
- Item 5 Student Safety Precautions – Call campus police at 405-682-7872.
- Item 6 Behavioral Health Referral – Call SAS office at 405-682-7520 and let staff know there is a moderate risk on this.
- Item 6 3 months ago or less: Student Safety Precautions – Call campus police at 405-682-7872.

DO NOT LEAVE A HIGH RISK STUDENT ALONE. STAY WITH THEM UNTIL HELP ARRIVES.

- **After hours instead of calling SAS, please contact campus police at 405-682-7872.**
- **For all instances above, please complete a counseling referral form. Go to <https://www.occc.edu/support/counseling/>**

If you have any questions or concerns, please contact Christopher Snoddy at 405-682-7520 or csnoddy@occc.edu.

TRAINING: <https://www.youtube.com/watch?v=epTDFv3uwc>