

OCCC
Student Support Services
Community Counseling Resource Guide
2019-2020

COUNSELING (CHILD/YOUTH/ADULT)

A Chance to Change Foundation **405-840-9000**
2113 W. Britton Rd., The Village, OK 73120
Call for hours.
www.achancetochange.org

- Offers assistance with mental health, substance abuse, problem gambling, sex addiction, and other behavioral addictions
- Counselors are qualified to work with those suffering from depression, anxiety, post-traumatic stress syndrome, and other trauma
- Can help with marital and family issues and have children and adolescent specialists on staff
- Offers education classes, workshops, and prevention programs
- Accept private insurance, Medicaid, and offers a sliding scale fee based on household income (sliding scale is for substance and mental abuse only)

Aurora Counseling Services **405-634-4434**
6803 S. Western, Ste. 401, OKC, OK 73139
Call for hours.
www.aurora-okc.com
Offers a wide range of counseling services to children, adolescents, and adults. Medicaid, private insurance, and private pay accepted.

Bair Foundation **405-759-2670**
1601 Greenbriar Pl., OKC, OK 73159
www.bair.org
Provides therapeutic foster care.

Bethesda Inc. **405-364-0333**
1181 E. Main St., Norman, OK 73071 (Community Services Building)
www.bethesdaok.org

- Free services
- Sexual abuse treatment for ages 3 - 18 (group and limited individual)
- Services for male sexual assault survivors

Bringing Up Babies **405-364-1420**
(Center for Children & Families)
210 S. Cockrel, Norman, OK 73071

Call for hours.
www.ccfnorman.org
Parent support groups and home visits offered. Must reside in Cleveland County or Pottawatomie County.

Canadian County Caring for Kids – Systems of Care **405-422-8813**
7777 E. Highway 66, El Reno, Oklahoma 73036
www.red-rock.com (host agency)

- Provides wrap around services, parent support group, youth groups and resource information for families of youth with behavioral dysfunction, or who are severely emotionally disturbed
- Residential treatment center for children diagnosed with autism or developmentally delayed; 57 beds for IQ 50 and below. No referral required
- Have statewide Systems of Care offices

C.A.R.E for Change, Inc. **405-524-5525**
3621 N. Kelley Ave Suite 100, OKC, OKC 73111
Call for hours.
www.careforchange.org

- Individual, family, & group counseling (including substance abuse, anger/impulse management, parenting, relapse prevention),
- Substance abuse counseling, drug and alcohol assessment, case management, drug testing, and 24-hour crisis services
- Men and fatherhood classes
- Co-ed anger classes
- Fees are based on sliding scale, or Medicaid is accepted.

Catholic Charities Archdiocese of Oklahoma City Sanctuary Women’s Development Center **405-526-2321**
1232 N. Classen Blvd. Oklahoma city, OK 73106
Call for hours.

<http://catholiccharitiesok.org>
Day shelter that serves women age 18 and over. Provides social services to homeless and at-risk women and their children including resource referral and assistance accessing services such as daycare and Early Head Start, vocational and employment development, solution-focused advocacy and self-efficacy group. Services:

- Case management
- Computer lab
- Job and life skills development services
- Employment resources and resume building
- Health education
- Linkage to community resources
- Trauma counseling
- Community garden
- Safe place to rest and refocus
- Linkage to mental health resources
- Nutritious beverages and snacks
- Limited financial assistance
- Community food pantry and clothing closet

Cedar Ridge Psychiatric Hospital Residential Treatment Center **405-605-6111**

6501 N.E. 50th, OKC, OK 73141 **405-605-5917**
www.cedarridgebhs.com

24-hours, 7 days a week

Inpatient and extended residential treatment for children and adolescents between the ages of 6 and 18. Adult units also. Phoenix Women's Program for trauma treatment. (Accepts Medicaid/Soonercare and some insurance).

Center for Children and Families 405-364-1420

210 S. Cockrel Ave., Norman, OK 73071

Visitation by appointment

www.ccfnorman.com

- Parent assistance, education and support, divorce visitation, arbitration, teenage parenting program, neighborhood centers, Bringing Up Baby program, trauma focused services for children (infant-11 year olds) and their caregivers, some home based
- Diapers, baby wipes and some formulas are available twice a month
- Primarily Moore/Norman area

Center on Child Abuse & Neglect 405-271-8858

OU Medicine - Child Study Center

Department of Pediatrics

940 N.E. 13th St., Ste. 4N-4900, OKC, OK 73104

Call for hours.

<http://www.oumedicine.com/>

- Provides assessments for children at high risk for abuse or neglect, emotional conditions, child abuse, sexual behavior problems, fetal alcohol/drug exposure
- Programs include treatment for children with sexual behavior problems, child trauma services, Native American programs, fetal alcohol syndrome and fetal exposure to alcohol and drugs
- Accepts Medicaid/Soonercare, private insurance, private pay

Central OK Community Mental Health Center 405-360-5100

909 E. Alameda Norman, OK 73070

Call for hours.

<http://www.odmhsas.org/cocmhc/index.htm>

Offer mental health and substance abuse services to children, youth, adults, and families. Services include:

- Transitional Services - provides transitional support to young person's 16 - 25 who live in Cleveland or McClain Counties and have serious mental health conditions (405-573-3812)
- Child and Family Services - child and family counseling services, parent-child interaction therapy (PCIT), CARE for KIDS mobile crisis program (405-573-6477 - Provide 24-hour mental health assessment and stabilization for Cleveland and McClain County children and families who are in acute psychological, emotional or behavioral health crisis)
- Family Frontier System of Care - comprehensive spectrum of mental health and other necessary services, which are organized into a coordinated network to meet the multiple and changing needs of children and their families (includes wraparound services, family night,

parent/caregiver involvement, Partners of Hope, Family Leadership Academy, Youth Involvement, The Motivators, and Teens Need to Talk (TNT2))

- Outpatient Mental Health

Child Study Center 405-271-5700

1100 N.E. 13th, OKC, OK 73117

Call for hours.

- Behavior management training for parents, early intervention for infants at risk, diagnosis, evaluation and treatments in many specialty areas, physical, occupational therapy, speech therapy, psychological evaluation and treatment, support with conditions, including: autism, Asperger's syndrome, attention deficit disorder, neuro-developmental disorders
- Medicaid/Soonercare - Primary care physician must make a referral or if DHS custody children, the worker can make the referral
- No sliding scales or payment plans

Children's Recovery Center 405-364-9004

320 12th Ave., Norman, OK 73071

(Available 24-hours, 7 days a week)

- Mental health and substance abuse services for children, young adults, and families throughout Oklahoma
- Inpatient 13-17 yrs. old

Cleveland County Health Department

Locations:

250 N.E. 12th, Norman, OK 73071

405-321-4048

424 S. Eastern, Moore, OK 73160

405-794-1591

Call for appointment.

http://www.ok.gov/health/County_Health_Departments/Cleveland_County_Health_Department/

- Hours vary according to service
- Immunizations, family planning, STDs, limited dental clinic for children, child safety seats (when available), Child Guidance Clinic offers child and family counseling, food handler's class
- Fees vary from free to sliding scale
- Serves Cleveland County and surrounding areas
- WIC Services available

Community Pathways Unlimited Inc. 405-842-4911

4045 N.W. 64th St., Ste. 520, OKC, OK 73116

Call for hours.

<http://www.okdrs.org/guide/community-pathways-unlimited-inc>

- Counseling mental health services
- Medicaid/Soonercare accepted
- Children ages 3-18
- Will bill insurance, private pay

Covenant Youth and Family Services 405-521-1755

10400 Vineyard Blvd., Ste. H200, OKC, OK 73120

Call for hours.

www.covenantbh.com

- Counseling mental health services, Medicaid/SoonerCare is accepted, out-patient, individual and family therapy
- Parenting classes, substance abuse education, compassion workshops and domestic violence services
- Post-partum depression services
- Fees: sliding scale
- Medicaid/SoonerCare or private insurance accepted

Crossroads Youth and Family Services 405-321-0240

(Counseling Offices)

1650 W. Tecumseh Rd., Ste. 500, Norman, OK 73069

Call for hours.

www.crossroadsyfs.com

- 24-hour crisis intervention
- Emergency youth shelter – 24-hour children and youth 4 - 18 years (will take infants)
- Individual and family counseling for children
- Provide groups (including 1st offender, directions in divorce, PREP, anger management, and educational groups)
- Parenting classes
- Head Start/Early Head Start

Edmond Family Counseling 405-341-3554

1251 N. Broadway, Ste. C, Edmond, OK 73074

Call for hours.

www.edmondfamilycounseling.org

- 24-hour crisis intervention
- Individual, group, and family counseling
- Counseling for individuals over 7 years of age
- Sliding scale fee and one-time intake fee

Fresh Start Counseling Agency 405-607-6670

4801 N. Classen Blvd. OKC, OK 73118

Call for hours.

Mental health services for both children and adults. Fees: sliding scale. Medicaid/SoonerCare or private insurance accepted.

Hands of Hope Youth and Family Services 405-601-8876

4400 Will Rogers Pkwy, #214, OKC, OK 73108

Call for hours.

Behavioral health, individual family and group counseling, crisis intervention, home based, day care and school based counseling and instruction in life skills. Fees: private pay, sliding scale. Medicaid/SoonerCare accepted.

Hope Community Services 405-634-4400

Outpatient Clinic

6100 S. Walker, OKC, OK 73139

Call for hours.

Mental health case management, substance abuse, and community living programs.

- Services are prioritized by the following criteria: Persons in crisis, persons being released from state psychiatric inpatient facility or OCCIC, persons at risk for hospitalization, severely mentally ill adults or severely emotionally disturbed children

- Substance abuse assessment and treatment, case management, day treatment therapy, psychiatry, and drug testing
- Community living programs are designed to assist homeless, mentally ill adults in acquiring descent, affordable housing
- Rental assistance for a limited period of time
- Eligibility based on income
- Serves Cleveland, Canadian and Oklahoma County residents
- Services provided in Spanish

Infant Parent Intervention Center Inc. 405-602-3171

2242 N.W. 39th, OKC, OK 73112

Call for hours.

- Therapeutic services to decrease maltreatment and increase prevention and improve quality of relationships and mental well-being of infant/children 0-60 months, and their families by multi-disciplinary team
- Children/adolescents within the family unit older than 60 months may also be served
- Fees: sliding scale. Medicaid/SoonerCare accepted

Integrus Mental Health Center

Addictions-Recovery Programs

405-717-9800

5100 N. Brookline, Ste., 925, OKC, OK 73112

Clinic

405-604-3170

5100 N. Brookline, Ste., 900, OKC, OK 73112

Mobile Assessment Team

405-951-2273

<http://integrisok.com>

Outpatient service for children and families to help children develop and maintain successful relationships with parents, peers and teachers, allowing them to lead satisfying, productive lives.

- Families and caregivers are an integral part of the treatment process
- Fees: sliding scale, Medicaid/SoonerCare or private insurance accepted

Integrus Mental Health Center – Spencer 405-427-2441

Mobile Assessment Team

405-951-2273

2601 Spencer Rd., Spencer, OK 73084

The center is staffed 24-hours.

<http://integrisok.com>

- Inpatient mental health facility for children and adolescents
- Fees: sliding scale, Medicaid/SoonerCare or private insurance accepted

Logan Community Services 405-282-5524

4710 S. Division, Guthrie, OK 73044

Call for hours.

<http://servinglogan.com/>

Not-for-profit agency providing an array of services to the Logan County community.

- 24-hour crisis intervention
- Emergency youth shelter
- Information and referral
- Individual, group, and family counseling

- Marriage and relationship, co-parenting after divorce domestic violence
- Parenting education
- Mentoring/tutoring
- Drug and Alcohol Assessment (ADSAC), drug-alcohol recovery and education (counseling, groups, and classes)
- Accepts Blue Cross/Blue Shield, Medicaid and offers a sliding scale fee (credit card accepted)

Love and Hope Counseling Services 405-528-4673

1211 N. Shartel Ave., Ste. 603, OKC, OK 73103

Call for hours.

- Mental health services for both children and adults, home based services are available
- Services are offered through schools as well
- Sliding scale fees, Medicaid/SoonerCare or private insurance accepted

Mental Health Association of Oklahoma 405-943-3700

400 N. Walker, Ste. 190, OKC, OK 73102

Call for hours.

www.mhaok.org

- Educational materials, information and referral, advocates for the mentally ill
- Sunbridge - Low cost counseling program for persons who have no insurance
- Fees: None

Mid-Del Youth and Family Center 405-733-5437

2801 Parklawn Dr., Ste. 201, Midwest City, OK 73110

3644 S.E. 15th St., Del City, OK 73115 **405-670-1478**

Emergency Children's Shelter **405-424-0177**

2600 N. Air Depot, Midwest City, OK 73141

(Serves the state of Oklahoma)

- 24-hour crisis intervention
- Emergency youth shelter (open 24-hours, 7 days a week), works in conjunction with the Midwest City and Del City Police department as an emergency placement for runaway children or adolescents. It is a home away from home for children and adolescents (ages 0 – 17), who are victims of abuse and neglect or are experiencing significant family stress requiring a short respite period
- Individual and family counseling
- Provide groups (including 1st offender and anger management for adolescents)
- Parent/child interaction therapy
- Parenting classes
- Foster care
- Domestic violence

Moore Youth and Family Services 405-799-3379

624 N.W. 5th, Moore, OK

Call for hours.

(Services provided for anyone in OK)

www.mooreyouthandfamily.org

- Individual, family, and group counseling
- Adult drug & alcohol counseling
- Youth advocacy
- Information and referral

- Assessment and evaluation
- Crisis intervention
- Community education

NorthCare

405-858-2700

2617 General Pershing Blvd., OKC, OK 73107

Must go to screening first and then the center will set up an appointment.

Call for hours.

www.northcare.com

- Same day, walk-in appointments
- 24-hour crisis intervention
- Individual, family and group therapy
- Parent management training for parents with children 2 and up; includes behavior modification, how to communicate, highly psycho-educational - not suitable for those with high levels of anger and stress
- Home-based counseling for youth and families
- Therapeutic foster care
- Medication clinic
- Substance abuse therapy
- Peer support groups
- Trauma recovery groups
- Case management
- Wellness classes
- English/Spanish
- Sliding scale, private pay, some insurance accepted

Oasis Counseling Services

405-610-3644

2801 Parklawn Dr., Ste. 303, Midwest City, OK 73110

Call for hours.

Mental health services for adolescents, teens, adults, families and communities.

Pivot, Inc. (Formerly Youth Services for Oklahoma County)

201 N.E. 50th St., OKC, OK 73105

405-235-7537

www.ysoc.org

- Telephone answered 24-hours, 7 days a week
- Provides individual, family, and group counseling services for youth under 18
- Crisis intervention
- Emergency shelter for youth (ages 12-17)
- Homeless youth under 18 may stay 1 night without parent's permission
- Outpatient counseling services
- Teen parenting, anger management, and first offender groups
- First offenders, skills program – an alternative to court intervention
- Parenting skills education
- Family planning
- Services to biological parents, foster/adoptive parents, and relative caregiver
- Accepts insurance or offers a sliding scale fee; no one is ever turned away

Positive Changes

405-636-1463

744 S.E. 25th, OKC, OK 73129

(Also, have Bethany and Edmond locations)

Call for hours.

<http://positivechangesok.com/>

- Day treatment services/partial hospital
- Children ages 5 to 17
- Psychiatric evaluation
- Accepts Medicaid and offers sliding scale fee

Red Rock Behavioral Health Services 405-424-7711

4400 N. Lincoln Blvd., OKC, OK 73105

(Statewide offices: Shawnee, El Reno, Elk City, Clinton, Chickasha)

Call for hours.

www.red-rock.com

- Individual and family counseling
- Home based counseling for youth and families
- Crisis intervention
- Medication clinic
- WIC services available
- Accept Medicare, Medicaid, SoonerCare, Blue Cross/Blue Shield, Saints, and Health Choice
- Free confidential HIV testing with 20-minute results, Syphilis testing
- HIV/AIDS prevention programs and support services for persons with AIDS and their families
- Satellite offices throughout the state

Signature Transformation Counseling Service 405-518-4535

433 W. Wilshire Blvd., OKC, OK 73116

Call for hours.

www.signaturetransformationcounselingservice.com

- Behavioral health: group and individual family counseling, marriage and family therapy, crisis intervention, anger management, grief counseling, co-dependency, case management services
- Ages 6 and up
- CARF certified
- Fees: Private insurance, SoonerCare/Medicaid, private pay, sliding scale

Sooner Start 405-271-9477

3017 N. Stiles, Ste. 200, OKC, OK 73117

Call for hours.

Children from birth – 36 months of age with developmental delays or who have a physical or mental condition, which will most likely cause a delay.

- Diagnostic and evaluation services
- Family training, counseling, and home visits
- Nursing services
- Nutrition services
- Occupational, physical, psychological, and speech–language therapy
- Special instruction
- Vision services
- No charge

Southern Oklahoma Treatment Services 405-942-7650

4149 Highline Blvd., Ste. 380, OKC, OK 73108

Call for hours.

www.treatmentservices.org

Mental health services for both children and adults.

Medicaid/SoonerCare only.

Specialized Alternatives for Youth (SAFY) 405-942-5570

1209 Sovereign Row, OKC, OK 73108

1-800-600-7239

Call for hours.

www.safy.org

Therapeutic foster care. DHS custody.

Sunbeam Family Services 405-528-7721

1100 N.W. 14th St., OKC, OK 73106

Call for hours.

www.sunbeamfamilyservices.org

- Emergency and contract foster care for abused/neglected children
- Individual, marital, and family counseling for all ages based on sliding scale for those without insurance (insurance also accepted)
- Senior services (including senior companion program, foster grandparent program, and emergency senior shelter for those 55+)
- Infant/early childhood mental health

Transitions, Inc. 405-810-0054

6051 N. Brookline, Ste. 112, OKC, OK 73112

Call for hours.

www.transitionsokc.com

- Sexual education group therapy, sexual abuse non-offender's group, family development, parent aid program
- Individual therapy will be offered to clients to assist in understanding difficult subjects
- Sexual abuse services contract for DHS
- Fees: sliding scale
- Medicaid/SoonerCare, private pay accepted

Tri-City Youth and Family Center 405-390-8131

14625 N.E. 23rd, Choctaw, OK 73020

Call for hours.

- Individual, family, youth, and group counseling
- Out-patient counseling for children, adolescents, and families
- Crisis intervention
- Equine services program
- Substance abuse classes for adults and children

Youth and Family Services of El Reno 405-262-6555

7565 E. Highway 66, El Reno, OK 73036

Call for hours.

www.yfsok.org

- Outpatient counseling for youth and families
- Homeless prevention program
- Emergency youth shelter
- Drug and alcohol class and counseling for youth
- Accepts Medicaid and offers sliding scale fee
- Housing placement