Please welcome our new Assistant Director, Amanda Finch. Amanda joined TRiO on November 17, 2014. We are excited as she will be a great addition to our OCCC TRiO Family.

Need a little extra help?
We have you covered with tutoring in Math (Algebra, Pre-Cal, Trig, Calculus) and Business courses with Miles Chaney.
White wait, there’s more...
It is never too late to get organized, learn study tips and tricks, and overall manage your time more effectively. Come meet Sue Oats who can help YOU maximize your success!

SCHOLARSHIPS FOR SPRING AND FALL 2015 ARE NOW AVAILABLE!!!
Visit https://occc.academicworks.com/
Stop by the Communications Lab for help with your scholarship essay.
If you are not yet enrolled for spring,
Please do so ASAP!
See Academic Advising or the TRiO office if you need assistance!

Are you getting close to graduation?
Or do you need help transferring?

Let us assist you in making this exciting transition. Amanda and Jermaine are available to meet with you to develop a graduation plan, research credits which will transfer to 4yr schools and assist in applying for admission to 4yr schools.

Complete your FAFSA for the 2015-2016 academic school year by March 1, 2015 to receive extra grant aid! Fafsa.ed.gov

More Reasons to Eat Fruit!

- Cherries help calm your nervous system
- Grapes relax your blood vessels
- Peaches are rich in potassium, fluoride, and iron
- Apples help your body develop resistance against infections
- Watermelon helps control your heart rate
- Oranges help maintain great skin and vision
- Strawberries can potentially fight against cancer and aging
- Bananas are great for athletes because they give you energy
- Pinapples help fight arthritis
- Blueberries protect your heart
- Kiwis increases bone mass
- Mangos protect against several kinds of cancer

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