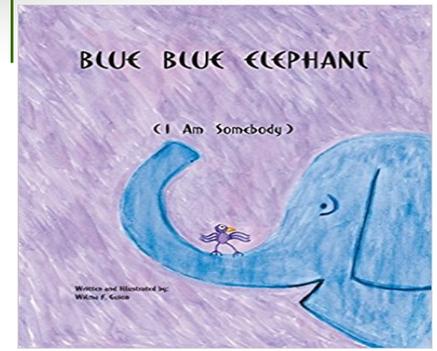




Health, Safety, & Nutrition For Young Children

OCCC CHILD DEVELOPMENT CENTER & LAB SCHOOL

Child Abuse Prevention



April is National Child Abuse Prevention Month. During the month you may see trees decorated with blue ribbons at school, child care centers, hospitals, and community centers. The blue ribbon is the international sign for child abuse and serves as a constant reminder that all of us have a responsibility in helping protect children. So, let's get involved in preventing

child abuse and decorate a tree.

Here are some ways to talk to your child about building a Blue Ribbon Tree:

1. Talk about symbols they know and tell them what the blue ribbon symbolizes.
2. Have your child draw a picture of a tree and let them decorate with blue
3. Talk to your child about doing nice things for others and how good that feels.
4. Discuss things they can do, like donating food, clothes, toys, and books to families.

shredded paper.



Blue Blue Elephant (I Am Somebody)

Author-Illustrator:
Wilma F. Guion

The story tells about an elephant who's blue in color and because of his color he is treated like an outcast by the other animals which saddens him terribly.

Did You Know:

That it is important to read to your child twenty minutes every day. It helps with language and literacy skills.

Mary Fitzgerald

IN THE KITCHEN WITH CHILDREN

Banana Blueberry Muffins

- 1 banana (mashed)
- 1/2 cup blueberries
- 2 cups self raising flour
- 1 1/2 cup milk

1. Preheat oven to 350 degrees and lightly grease mini muffin tray
2. Sift the flour into a bowl. Stir in the milk until combined and smooth
3. Add the banana and blueberries and mix to combine
4. Spoon mixture evenly into mini muffin tray and put it in the oven for 15 minutes or

until golden

5. Remove from oven and allow to cool before eating

